



**SCHOOL AND SPORTS PHYSICAL RESOURCE GUIDE
FOR OKALOOSA COUNTY
2023**

2023 SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY



221 Hospital Dr. NW, Fort Walton Beach, FL 32548

Phone: 850-344-0660 ■ Fax: (850) 833-9258

Website: <https://okaloosa.floridahealth.gov> ■ Email: okaloosa-schoolhealth@flhealth.gov

About Florida Department of Health in Okaloosa County

DOH-Okaloosa works to protect, promote & improve the health of all people in Okaloosa County through integrated state, county, and community efforts. We focus on innovation, collaboration, accountability, responsiveness, and excellence to execute our mission. As such, we search for creative solutions and manage resources wisely, use teamwork to achieve common goals and solve problems, perform with integrity & respect, serving our customers and engaging our partners, and promote quality outcomes through learning and continuous performance improvement. Learn more at **www.FloridaHealth.gov**.

About Healthy Okaloosa Schools

The Healthy Okaloosa Schools program uses long-term, deep-impact partnerships with Okaloosa County schools to build the capacity of school-age youth, families, and school staff to support school-age youth health, safety, and well-being through sustainable programs and policies that support physical and emotional health of school-age youth.

Disclaimer: The Okaloosa County School and Sports Physical Resource Guide is intended to help link our community members to services. This resource guide may not reflect every provider in Okaloosa County. Inclusion of providers in this resource guide does not represent endorsement of the organization nor does exclusion of a provider represent lack of endorsement. If your organization would like to be added to this resource guide or need to update your listing please contact us at 850-344-0660 or okaloosa-schoolhealth@flhealth.gov.

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MEDICAL PHYSICAL EXAM REQUIREMENTS, 1003.22 F.S.

Upon initial entrance into a Florida public school each school aged child must present certification of a school entry medical examination performed within the twelve (12) months prior to enrollment in school.

IMMUNIZATION REQUIREMENTS

Before attending school in Florida (kindergarten through 12th grade), every student is required to have a current Florida Certification of Immunization (Form 680) on file at the school documenting required vaccination. The Florida Department of Health in Okaloosa County can provide these vaccinations and form to you at no charge. You can also go to your private health care provider.

FLORIDA DEPARTMENT OF HEALTH IN OKALOOSA COUNTY IMMUNIZATION SERVICES

Immunizations are by appointment only. Walk-ins will be provided the next available appointment. If you need a copy of immunization records from DOH-Okaloosa, no appointment is required; however, depending on clinic volume we may not be able to provide the documents immediately and the parent may need to return to pick it up.

Locations: 221 Hospital Drive NE, Fort Walton Beach, FL 32548
810 E. James Lee Blvd., Crestview, FL 32539

Phone: 850-833-9246

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|---------------|-------------------|--|
| Hours: | Fort Walton Beach | Monday and Wednesday 7:30 a.m. to 10:30 a.m. 12:30 p.m. to 3:30 p.m. |
| | Fort Walton Beach | Tuesday 7:30 a.m. to 10:30 a.m. 12:30 p.m. to 5 p.m. |
| | Crestview | Thursday 7:30 a.m. to 10:30 a.m. 12:30 p.m. to 3:30 p.m. |

**2023 SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY
CRESTVIEW**

| Provider | Address | Phone | School Physical Cost | Sports Physical Cost | Appoint. Required | Insurance Accepted | Notes |
|--|---|----------------|----------------------|--|-------------------|--------------------|---|
| ABC Pediatrics of Okaloosa | 600 Hospital Drive Crestview, FL 32539 | (850) 689-0900 | Copay | Copay | Yes | Yes | |
| Alpha Care Sports Chiropractic and Functional Medicine | 1133 Industrial Dr, Crestview, FL 32539 | (870) 623-4958 | \$50 | \$50 | Yes | No | |
| Children's Clinic | 160 E Redstone Avenue Crestview, FL 32539 | (850) 689-0555 | Copay or \$100-\$145 | Copay or \$100-\$145 | Yes | Yes | *Established patients only *Accepts Medicaid |
| Crestview Health Center | 800 Hospital Drive Crestview, FL 32539 | (850) 682-1164 | Not Offered | Copay or Slide Fee based off household size (\$10-\$30 for eligible) | Yes | Yes | *Established patients only *Accepts Medicaid |
| Crestview Health & Wellness Center | 596 N Ferdon Blvd Crestview, FL 32536 | (850) 306-3268 | \$35 | Not Offered | Yes | No | |
| Crestview Urgent Care | 2400 S Ferdon Blvd Suite A Crestview, FL 32539 | (850) 398-8668 | \$65 | \$65 | No | No | *Accepts Medicaid |

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|---|--|----------------|---|---|-----|-----|-------------------|
| Hankison Family Chiropractic & Acupuncture | 1455 S Ferdon Blvd Suite D2 Crestview, FL 32536 | (850) 683-0000 | \$50 | \$50 | Yes | No | |
| MinuteClinic in CVS | 302 E James Lee Blvd Crestview, FL 32539 | (850) 682-1002 | \$89 | \$69 | Yes | No | |
| Progressive Chiropractic and Rehabilitation | 502 S Main St. Crestview, FL 32536 | (850) 398-8640 | \$35 | \$35 | Yes | No | |
| Seaside Spine | 610 Hospital Drive Crestview, FL 32539 | (850) 460-2362 | \$30 | \$30 | No | No | |
| Spine Life Chiropractic | 1695 S Ferdon Blvd Crestview, FL 32536 | (850) 398-8985 | \$40 | \$40 | Yes | No | |
| White-Wilson Immediate Care | 1332 N. Ferdon Boulevard Crestview, Florida 32536 | 850.634.6193 | Copay or \$220 New Patient; \$147 Existing Patient | Copay or \$220 New Patient; \$147 Existing Patient | Yes | Yes | *Accepts Medicaid |
| White-Wilson Medical Center Pediatrics | 127 E. Redstone Avenue Unit B Crestview, FL 32539 | (850) 398-8725 | Copay | Copay | Yes | Yes | *Accepts Medicaid |

**2023 SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY
DESTIN**

| Provider | Address | Phone | School Physical Cost | Sports Physical Cost | Appoint. Required | Insurance Accepted | Notes |
|--|--|-----------------------------|---|---|-------------------|--------------------|--------------------|
| Destin Chiropractic | 4467 Commons Drive W Suite B Destin, FL 32541 | (850) 460-2333 | \$50 | \$50 | Yes | No | |
| Emerald Coast Chiropractic | 501 Harbor Blvd Suite C Destin, FL 32541 | (850) 654-1850 | \$50 | \$50 | Yes | No | |
| Emerald Coast Urgent Care | 12598 Emerald Coast Pkwy Suite 101 Destin, FL 32550 | (850) 409-5823 | \$40 | \$40 | No | No | |
| Palmetto Family Health | 36468 Emerald Coast Pkwy #7102 Destin, FL 32541 | +18506222055 | \$60 | \$60 | No | No | |
| Regatta Chiropractic & Laser Center | 4481 Legendary Drive Suite 150 Destin FL 32541 | 850-424-7856 | \$40 | \$40 | Yes | Yes | * Accepts Medicaid |
| Seaside Spine | 981 Highway 98 Suite 9 Destin, FL 32541 | (850) 460-2362 | \$30 | \$30 | No | No | |
| White-Wilson Immediate Care | 990 Airport Road Destin, Florida 32541 | 850.269.6400 | Copay or \$220 New Patient; \$147 Existing Patient | Copay or \$220 New Patient; \$147 Existing Patient | Yes | Yes | * Accepts Medicaid |
| White-Wilson Medical Center Pediatrics | 990 Airport Road Destin, FL 32541 | (850) 269-6400 *Option 4 | Copay | Copay | Yes | Yes | *Accepts Medicaid |

**2023 SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY
FORT WALTON BEACH**

| Provider | Address | Phone | School Physical Cost | Sports Physical Cost | Appoint. Required | Insurance Accepted | Notes |
|---|---|----------------|-----------------------------|-----------------------------|--------------------------|---------------------------|--|
| Bridgeway Health Clinics | 137 Hospital Drive Fort Walton Beach, FL 32548 | (850) 226-8857 | Fee based on sliding scale | Fee based on sliding scale | Yes | Yes | *Established patients only |
| Drs. Frisbee & Kracht Family Chiropractic | 119 Truxton Avenue Fort Walton Beach, FL 32547 | (850) 862-4313 | Copay or \$30 | Copay or \$30 | Yes | Yes | |
| Gulf Coast Immediate Care Center | 345 Miracle Strip Pkwy SW Fort Walton Beach, FL 32548 | (850) 244-3211 | \$65 | \$65 | No | Yes | |
| Fort Walton Beach Chiropractic | 315 NE Racetrack Road Fort Walton Beach, FL 32547 | (850) 200-4911 | \$40 | \$40 | Yes | No | *The business has Spanish speaking employees |
| Magnolia Medical Clinic | 319 Green Acres Road #101 Fort Walton Beach, FL 32547 | (850) 243-7681 | Established Patients Copay | Established Patients Copay | Yes | No | |
| M&M Chiropractic | 350-D Racetrack Road NW Fort Walton Beach, FL 32547 | (850) 863-1920 | \$35 | \$45 | No | No | |
| Nightingale Health Care | 29-G Miracle Strip Pkwy SW Fort Walton Beach, FL 32548 | (850) 533-6244 | \$80 | \$80 | Yes | No | |
| ProHealth | 224 Eglin Pkwy Fort Walton Beach, FL 32547 | (850) 243-2900 | \$40 | \$40 | No | Yes | |

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|--|--|----------------------------|---|---|-----|-----|---|
| Quality Urgent Care | 514 Mary Esther Cutoff NW Fort Walton Beach, FL 32548 | (850) 226-8550 | \$50 | \$50 | No | No | *Accepts patients 3 years and older |
| Saint George Medical Center Inc. | 1118 Hospital Road Fort Walton Beach, FL 32547 | (850) 862-3415 | \$25 | \$25 | Yes | Yes | |
| White Sands Chiropractic | 24 Beal Pkwy SW Fort Walton Beach, FL 32548 | (850) 226-6728 | \$45 | \$60 | Yes | Yes | *Accepts patients 4 years old and older only. |
| White-Wilson Immediate Care | 1005 Mar-Walt Drive Fort Walton Beach, Florida 32547 | (850) 863-8219 | Copay or \$220 New Patient; \$147 Existing Patient | Copay or \$220 New Patient; \$147 Existing Patient | Yes | Yes | *Accepts Medicaid |
| White-Wilson Medical Center Pediatrics | 1005 Mar Walt Drive Fort Walton Beach, FL 32547 | (850) 863-8100 *Press 4 | Copay | Copay | Yes | Yes | *Accepts Medicaid |

**2023 SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY
LAUREL HILL**

| Provider | Address | Phone | School Physical Cost | Sports Physical Cost | Appoint. Required | Insurance Accepted | Notes |
|-----------------|---------------------------------------|----------------|-------------------------------------|-------------------------------------|------------------------------|-------------------------------|--------------|
| Floralia Clinic | 24245 Fifth Ave Floralia, AL 36442 | (334) 790-0270 | \$25 | \$25 | Yes | No | |

**2023 SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY
MARY ESTHER**

| Provider | Address | Phone | School Physical Cost | Sports Physical Cost | Appoint. Required | Insurance Accepted | Notes |
|----------------------------|--|----------------|-------------------------------------|-------------------------------------|------------------------------|-------------------------------|---|
| Integrity Chiropractic | 431 E Hollywood Blvd Mary Esther, FL 32569 | (850) 864-5300 | \$35 | \$35 | No | No | |
| Meadows Wellness Clinic | 151 Mary Esther Blvd Suite 403 A Mary Esther, FL 32569 | (850) 226-8117 | \$35 | \$35 | Yes | Yes | *Tri-care insurance only |
| MinuteClinic in CVS | 71 Mary Esther Blvd Mary Esther, FL 32569 | (850) 301-0677 | \$89 | \$69 | Yes | No | *Schedule appointment online |
| Seaside Spine | 208 Mary Esther Blvd Mary Esther, FL 32569 | (850) 460-2362 | \$30 | \$30 | No | No | *Located inside Coastline Medical - Suite 1 |

**2023 SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY
NICEVILLE**

| Provider | Address | Phone | School Physical Cost | Sports Physical Cost | Appoint. Required | Insurance Accepted | Notes |
|--------------------------------------|---|----------------|---------------------------------------|---------------------------------------|-------------------|--------------------|--|
| American Family Care | 1394 John Sims Pkwy E Niceville, FL, 32578 | (850) 517-1920 | \$85 | \$35 | No | Yes | *Accepts FL Medicaid |
| Beachside Pediatric Associates, P.A. | 490 Highway 85 N Suite A Niceville, FL 32578 | (850) 424-6208 | \$95 or Copay | \$95 or Copay | Yes | Yes | |
| Coastline Medical Services | 1817 Lewis Turner Blvd Suite F Fort Walton Beach, FL 32547 | (850) 396-1110 | Established Patients \$90 or Copay | Established Patients \$90 or Copay | Yes | Yes | |
| Core Chiropractic Center | 1550 E John Sims Pkwy Niceville, FL 32578 | (850) 678-8048 | \$50 | \$50 | Yes | No | |
| EasyCare Health & Wellness Clinic | 1049 John Sims Pkwy E Suite 2 Niceville, FL 32578 | (850) 842-3128 | \$55 | \$55 | No | No | *Located in the Palm Plaza Shopping Center |
| Emerald Waters Medical Clinic | 1005 W College Blvd Suite B Niceville, FL 32578 | (850) 279-6815 | \$60 | \$60 | Yes | Yes | *Accepts Medicaid |
| Henard Family Chiropractic, Inc. | 4566 Highway 20 E Suite 205 Niceville, FL 32578 | (850) 897-1105 | Established Patients \$30 | Established Patients \$30 | Yes | Yes | *Accepts Medicaid |
| Lynn Keefe, MD Pediatrics | 2600 Partin Drive N Building 300 Suite 320 Niceville, FL 32578 | (850) 279-6260 | Copay | Copay | Yes | Yes | *Established patients only *Only accepting newborn patients |

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|--|---|----------------|------------------|------------------|-----|-----|---|
| MinuteClinic at CVS | 4562 E Highway 20 Niceville, FL 32578 | (850) 897-8550 | \$89 | \$69 | Yes | No | |
| Niceville Urgent Care | 906 Palm Blvd S Niceville, FL 32578 | (850) 517-9851 | \$65 | \$65 | No | No | |
| Pediatrics of Okaloosa | 1001 W College Blvd Suite C Niceville, FL 32578 | (850) 678-9009 | \$60 or Copay | \$60 or Copay | Yes | Yes | |
| Platinum Chiropractic | 902 B Palm Blvd Niceville, FL 32578 | (850) 307-0035 | \$40 | \$40 | No | No | |
| Pro-Active Chiropractic | 4591 Highway 20 E Suite 201 Niceville, FL 32578 | (850) 279-4913 | \$40 | \$40 | Yes | No | |
| Spine Life Chiropractic | 600 John Sims Pkwy Niceville, FL 32578 | (850) 729-8050 | \$40 | \$40 | Yes | No | |
| White Wilson Medical Center at Bluewater Bay | 2001 E Highway 20 Niceville, FL 32578 | (850) 897-4400 | Copay | Copay | Yes | Yes | *Established patients only *Accepts Medicaid |

**2023 SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY
SHALIMAR**

| Provider | Address | Phone | School Physical Cost | Sports Physical Cost | Appoint. Required | Insurance Accepted | Notes |
|--|---|----------------|----------------------|----------------------|-------------------|--------------------|--|
| Coastal Chiropractic Dr. Brad Young | 1270 N Eglin Pkwy Shalimar, FL 32579 | (850) 613-2044 | \$35 | \$35 | Yes | No | |
| Serenity Health Chiropractic | 60 2nd Street Unit C-7 Shalimar, FL 32579 | (850) 613-4125 | \$30 | N/A | Yes | No | *Accepts elementary & middle school age children only *Services will be offered starting in July *Only accepts United HealthCare insurance |

**2023 SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY
VALPARAISO**

| Provider | Address | Phone | School Physical Cost | Sports Physical Cost | Appoint. Required | Insurance Accepted | Notes |
|------------------------|--|----------------|-------------------------------------|-------------------------------------|------------------------------|-------------------------------|--|
| Growing Green Families | 127 John Sims Parkway Suite B Valparaiso, FL 32580 | (850) 696-0363 | \$45 | \$45 | Yes | No | *Online appointment scheduling available |